



**Directives (Bulletin2)
Swiss Orienteering Championships
Middle Distance 2023
presented by**



Ballenberg

FREILICHTMUSEUM DER SCHWEIZ
MUSÉE SUISSE EN PLEIN AIR
MUSEO SVIZZERO ALL'APERTO
SWISS OPEN-AIR MUSEUM

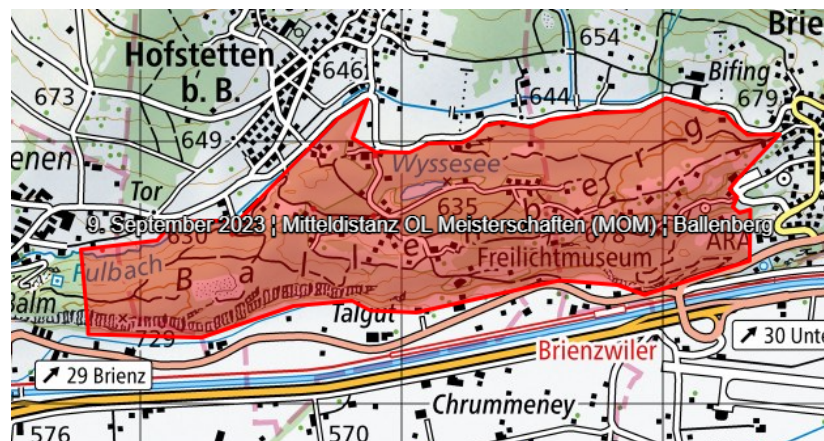
Event	Swiss Orienteering Championships Middle Distance 2023 IOF World Ranking Event
Date	September 9, 2023
Organising club	OLG Hondrich
Event Director	Markus Weber
Course planner / controller	Andri Jordi / Silvia Jordi
Technical adviser IOF	Simone Niggli-Luder
Jury	Therese Achermann, Alison High, Marc Eyer
Information	Markus Weber, +4179 381 35 37, wettkaempfe@olg-hondrich.ch
Terrain	Moraine terrain, detailed relief and mostly quickly runnable
Event Centre	Swiss Open-Air Museum, 3858 Hofstetten (Entrance West, no Shower or changing rooms, Tent area)
Map	Ballenberg, 2023, Scale 1:10'000, equidistance 5m, mapped by Urs Steiner
Classes WRE	WE/ME

Entry fee	WRE Classes Rent badges Entry fee incl. entry for the museum	CHF 37.- CHF 2.-
Entry	Just online at www.go2ol.ch	
Entry deadlines	Monday, 28. August 2023, 24.00	
Travel	<p><u>Public transport:</u> Bus stop «Ballenberg Museum, West» ca. 500 meter to walk to the event centre</p> <p><u>By car:</u> Parking areas are located 0,5 – 1,5 km from the event centre and will be signalled, Paid parking is available at the Ballenberg "West" entrance. The parking fee is 5.- at all locations and has to be paid directly at the parking service or at the machine at the official Ballenberg car parks. The instructions of the parking service must be followed.</p>	
Nursery	Supervised nursery for children from 4 years, registration by Entry, The supervised children's corner is located at the barn, entrance via the barn access, the barn is not heated.	
Way to start	1,3 Km	
Start times	11:00 - 14.30, according to the start lists , the elite categories start at the end, starting list according to IOF instructions	
Punching system	Sportident, AIR+	
Start lists	Will be available by 2 september 2023 at https://www.o-l.ch/cgi-bin/results?type=start&result_event_id=3372	
Course lengths	Are published at www.mom2023.ch	
Start numbers bibs	Self-service at the information desk at the West Entrance of the Open Air Museum. The start number bib is also the entrance ticket, you cannot start without a start number bib.	
Bulletin 2	Will be available by 2 september 2023 at www.mom2023.ch	
medal ceremony	15.30 in the event centre	
Catering	Small offer in the event centre, restaurants in the museum area	
Insurance	Responsibility of the participants. The organiser declines any liability as far as legally possible.	
Anti doping	By their registration the participants agree to the anti-doping rules of Swiss Olympic. There may be anti-doping tests in all classes. For the men's classes M20/ME and the women's classes W20/WE access to	

the competition is only permitted after signing the corresponding declaration athlete's agreement, (https://www.swiss-orienteering.ch/files/2017_Antidopingerkl%C3%A4rung_e.pdf)

Embargoed area

<https://www.swiss-orienteering.ch/de/wettkaempfe/gelaendesperren.html>



Toilet

Toilets blocks and urinals in the competition center (Cc) and at the pre-start, wild peeing in the start area is NOT allowed!
Large toilet facility at the restaurant "Alter Bären" (**no Dobb spikes!**)

Transport of clothes

No transport of clothes

Warm-up

On the way to the start, do not leave the marked route.

Pre-start and start procedure

categories with time start
- 4' Start number check, delete and check SI-Card.
- 3' Self-service of control description, IOF symbols printed on the map.
- 2' Display of the arrangement of the map box
- 1' Registration of SI-Card, access to map box
- Starting signal: maps may only be taken from the map box at the starting signal. Each runner is responsible for taking the correct competition map.

Mandatory route and distance to the starting point

60m, **Leaving the mandatory route leads to disqualification!**

Controls


Orange / white flags; SI units are equipped with SPORTident Air+ and punch. With a SIAC card, these can be registered without contact. All others register as usual. If a SI-unit is missing or no optical or acoustic signal is given, it has to be stamped on the competition map with a punch.
The controls are close to each other: be sure to check the control number.

Printed course

The controls are numbered consecutively and have to be approached in the correct order. Digital printing on Polyart

Control description

IOF symbols; self-service 3' before the start. They are also printed on the map.

Old map	Is published at https://mom2023.ch/
Out of bounds areas	<p>Are printed on the map, disregard leads to disqualification!</p> <p>-Out of bounds areas with border line are cordoned off with a red-white tape. It is absolutely pay attention to following:</p> <p>Caution: There is a danger of falling from the cliff edge at the southern edge of the competition area!</p>
Ticks	The Bernese Oberland is considered a risk area for Lyme disease and TBE! We recommend that all participants take the usual tick protection measures.
OL Shop	The shop of OL+ is located in the competition center (WKZ)
Specials	<ul style="list-style-type: none"> - Benches are not mapped - After the last control, a temporary pedestrian walkway has to be crossed underneath, but it is not mapped. - Many unmapped fences
	
	<ul style="list-style-type: none"> - Please report damaged fences at the finish - The open-air museum is open with many visitors on the main paths with nice weather conditions, please be considerate of the visitors.
Maximum Time	90 minutes, finish closes 90 minutes after the latest start
Finish	Punch the finish control at the finish line.
drop-off of map and return of map	After you reached the finish, please deposit your map in the bag, which is marked with your class. The maps will be handed out after the last start at about 14:30.
Read SI-Card	At the finish, after having deposited your map in the bag
Finish Refreshment	FOCUS Water
Doctor / First Aid	In the competition center at the finish
Abandoning the race	Participants who abandon the race must come to the competition center (WKZ) to read out their SI-card. Participants are responsible for the costs of any search and rescue operation.
timekeeping	Velopoz, Berne
Complaints	Before submitting a complaint consult the competition judge in order to settle the matter amicably. If no amicable solution can be found, the complaint must be submitted in writing to the scoring office no

later than one hour after the finish using the form available there.
Complaining persons must comply with the order of the jury.

Live-results

<https://live.srpz.ch/>

Results list

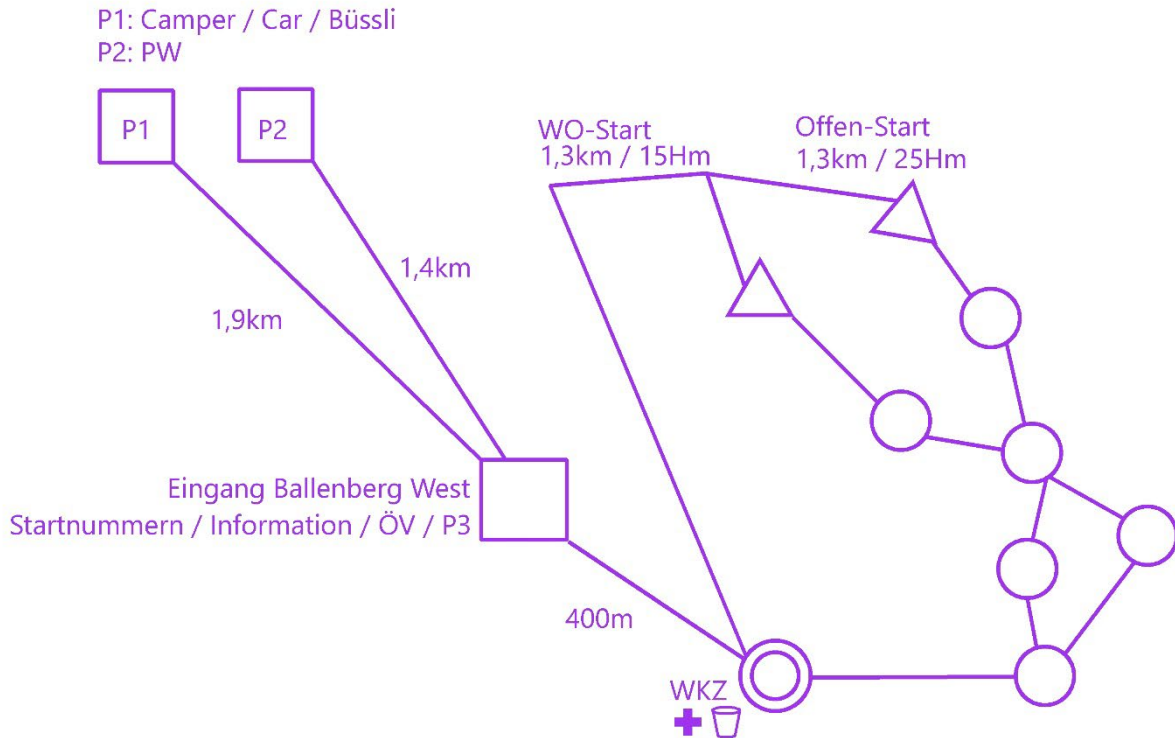
are published at www.swiss-orienteing.ch

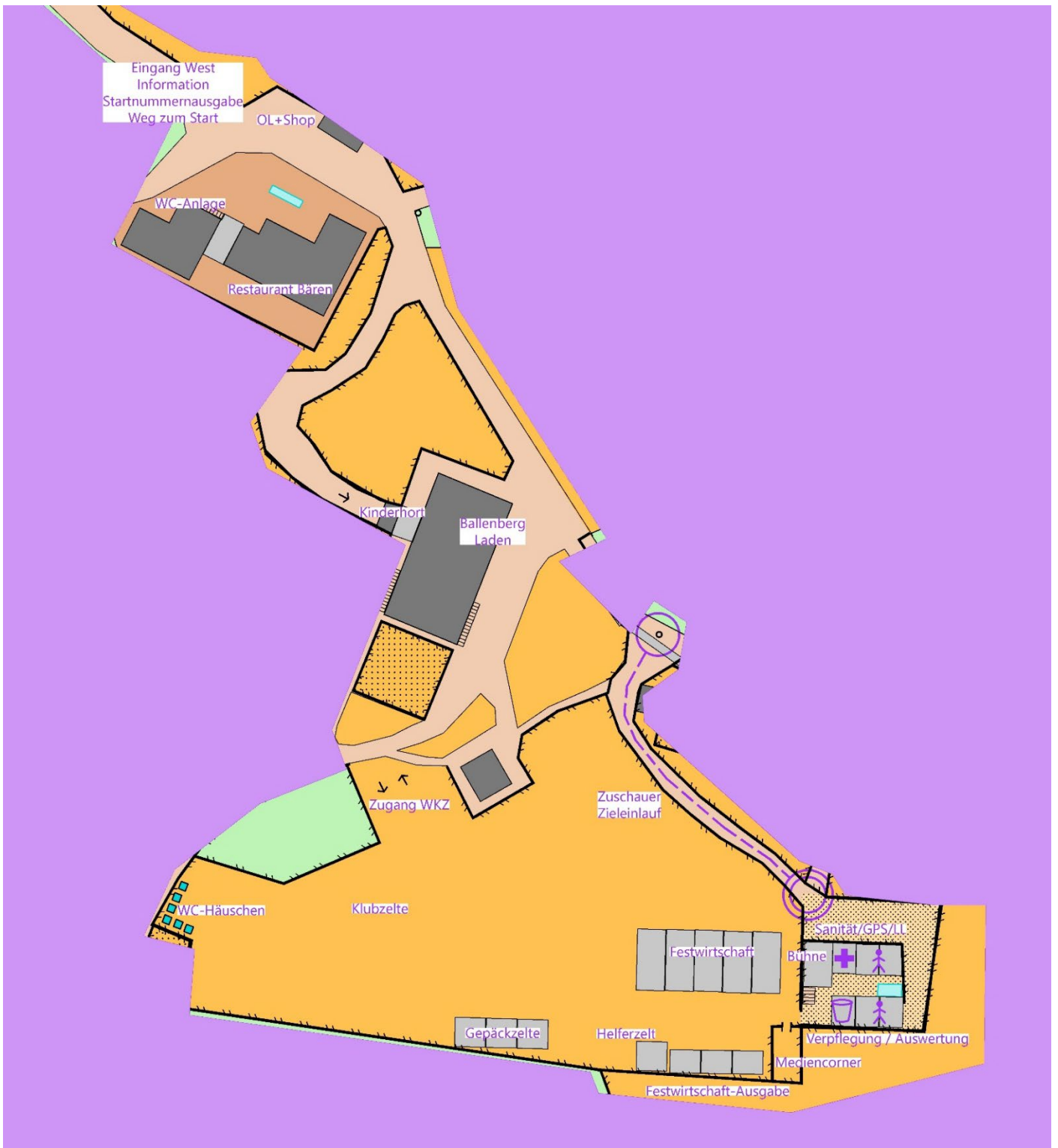
Competition cancellation

Any cancellation of the competition, which might be necessary in advance (e.g. due to a storm) will be published on the race- and association homepage earliest possible.

Livelox

is released from 16.30





Goldspensoren:



TRAUFFER
Switzerland



Kategoriensponsoren:



Unterseen - Interlaken - Matten

Mit Unterstützung durch:



SWIS
orje